



2008 Developmental Volleyball Camp For Girls

Immaculate Heart Academy
500 Van Emburgh Ave.
Township of Washington, NJ
Elite Setter's & Hitter's : JULY 7
GRADES 9-12 12:30- 4:30PM
CLUB/VARSITY EXPERIENCE

SESSION I: JULY 8 - 11
GRADES 7 - 9 9:00 - 2:30 PM

SESSION 2: JULY 8 - 11
GRADES 10 - 12 4:30 - 9:00 PM

SESSION 3: JULY 21 - 24
GRADES 7 - 9 9:00 - 2:30 PM

ELITE: JULY 21 - 24
CLUB/VARSITY EXPERIENCE
GRADES 9 - 12 4:30 - 9:00 PM

Maria Nolan has been a Co-Coach at IHA the past four years. IHA's 2007 team won the Non-Public State Title and the Tournament of Champions finishing as the No.1 team in New Jersey. In the past four years, the Blue Eagles were two-time State Finalists and won 4 League Titles. Maria began her extensive coaching career at Secaucus High School. Her teams amassed a record of 17 League, 15 County, 16 NJSIAA State Titles, and 8 undefeated seasons. Maria won numerous awards for her coaching efforts including the 1998 Disney American Teacher Award for Athletic Coach, 1998 Star Ledger Coach of the Year, 2000 Frank McGuire Foundation Award and the 2007 NFCA Contributor Award. Maria, the winningest volleyball coach in NJ, surpassed the 600th mark during the 2007 season.

Technical Director, Tom Buoni, is a long time coach and player of volleyball. His experience includes Head Coach of Seton Hall and Fairleigh Dickinson Universities, and Assistant Coach at Secaucus High School. This is Tom's seventh year as Camp Technical Director.

STAFF:

Mike DeCastro - Co-Coach IHA / St. Peter's
Wayne Lach - FDU Coach
Tiffany Aciz - Secaucus Coach
Angela Bania - Nutley Coach
Justine Muzones - FDU / DIGS
Brendan Whitford - Ramapo College
Matt Whitford - Ramapo College

Dr. Robert Gilbert, Sports Psychologist, Montclair State University, will teach players how to maximize their inner potential.

***** PLEASE DETACH AND SEND WITH PAYMENT *****

NAME: _____ GRADE IN SEPT: _____ SCHOOL: _____
ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

HOME PHONE _____ CELL / EMERGENCY: _____

T-SHIRT S M L XL CAMPER'S E-MAIL _____

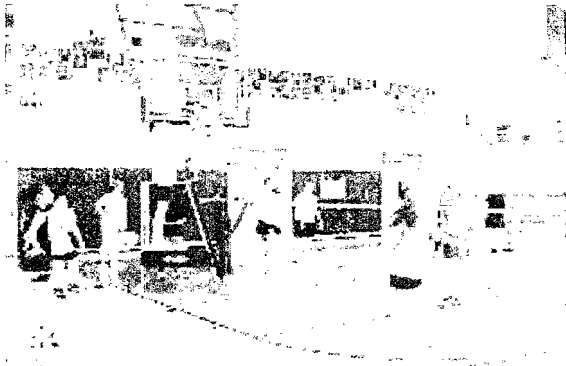
SETTERS/HITTERS SESSION (\$50.00) SETTER _____ HITTER _____ (check One)

SESSION 1 (\$215.00) _____ SESSION 2 (\$205.00) _____ SESSION 3 (\$215.00) _____ ELITE (\$205.00) _____

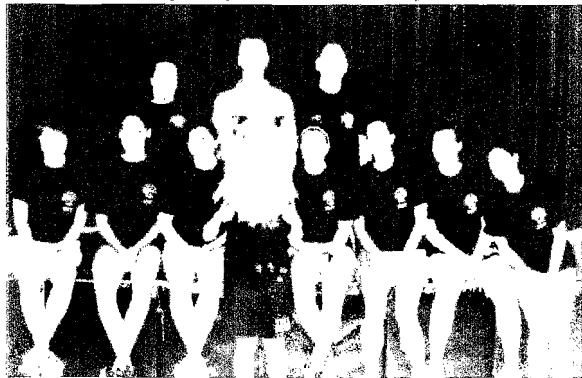
DESCRIBE CLUB/VARSITY EXPERIENCE: _____

I HAVE READ AND FULLY UNDERSTAND THE AMATEUR MINOR ATHLETIC WAIVER AND RELEASE OF LIABILITY ON THE OPPOSITE SIDE OF THIS FORM.
SIGNED: _____ DATED: _____

Make Checks Payable to: **Maria Nolan's Volleyball Camp 686 Lancaster Road Ridgely, NJ 07657**



"I liked that we did a wide variety of drills and activities and concentrated on the many aspects of volleyball!"



"Thanks so much for making camp so much fun. I learned a lot, and now I love Volleyball."



Volleyball skills to be taught:

- Passing
- Hitting
- Blocking
- Reception
- Offense
- Serving
- Setting
- Digging
- Transition
- Defense

The philosophy of the **Maria Nolan's Developmental Volleyball Camp** is to teach individual skills and team concepts. Campers will receive detailed instruction in every aspect of the game. Scrimmage time will be arranged to allow for practice of all skills. Campers will be grouped according to their abilities to maximize individual attention.

The ELITE Camp & Setter's/Hitter's Session are for the experienced varsity or club player to work on advanced skills and techniques.

Air-conditioned facility.

Session 1 and 3 will have an 45 minute lunch period.

The Volleyball Attack Machine® will be used.

Fruit breaks will be provided daily.

A \$50 charge will be assessed to all cancellations. A cancellation must be verified at least 2 weeks before camp begins. No refunds after the 2 week period.

There will be a return check fee of \$50.00. Enrollment is limited.



**MARIA NOLAN'S
VOLLEYBALL CAMP
(551) 574-0118**

<http://teachers.sboe.org/mnolan>

AMATEUR MINOR ATHLETIC WAIVER AND RELEASE OF LIABILITY

In consideration of being allowed to participate in any way in **Maria Nolan's Volleyball Camp** athletics/sports program and related events and activities, the undersigned: agrees that the parent(s) and/or legal guardian(s) will instruct the minor participant that prior to participating he or she should inspect the facilities and equipment to be used, and if the participant believes anything is unsafe, he or she should immediately advise his or her coach or supervisor of such condition(s) and refuse to participate. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions, or negligence but the action, inaction and negligence of others, or the condition of the premises or any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time. Assume all the foregoing risks and accepts personal responsibility for the damages following such injury, permanent total disability or death. Release, waive, discharge and covenant not to sue: **Maria Nolan's Volleyball Camp**, it's affiliated clubs, their respective administrators, directors, agents and other employees of the organization, other members/participants, sponsoring agencies, sponsors, advertisers and if applicable, owners and lessors or premises used to conduct the event, all of which are hereinafter referred to as "releases," from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury, including death and damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.