



DIGS Volleyball Club

Boys Youth Training Program

Who:	Boys ages 8 – 14
What:	A seven-session basic skills development program focused on the fundamentals of volleyball in a fun environment – for beginners and experienced younger players
Why:	Outstanding training by experienced DIGS Volleyball Club coaches, under club technical director, Scott Mose'
When:	Sunday nights, 3:00 – 5:00 PM Starting Sunday, January 10 for 7 consecutive weeks (last evening is Sunday, Feb. 21)
Where:	Wyckoff Family YMCA in Wyckoff, New Jersey www.wyckoffymca.org
How:	<ul style="list-style-type: none"> • RSVP to hold a spot at: BoysVolleyball@DIGSVolleyball.com. Please include name, age, town, t-shirt size, jacket size and level of ability. • \$200 program fee, payable on the first night – includes all training and a cool DIGS Volleyball Club jacket and T-shirt! • Wear tennis or volleyball shoes, knee pads, gym shorts and a T-shirt, and bring water

For more information and directions, visit www.DIGSVolleyball.com