



The "Mitchell Report" on steroid use in baseball tops PCA's list of the "Top 10 Moments in Sports, 2007," because – despite implicating youth athletes' heroes of cheating through the use of dangerous, illegal performance-enhancing drugs – the report provides an impetus for coaches and parent to have important conversations with youth athletes. PCA annually releases its "Top 10" and "Bottom 10" lists to stimulate discussion among parents, coaches, players and educators. We also provide *Discussing Sports Incidents with Children*, to help youth and high school athletes process all the life lessons contained in the Bottom 10 and Top 10 Moments.

Top 10 Moments in Sports, 2007

10. In an English League Cup soccer game that resumed a month after a Leicester City player suffered a heart attack, league rules prevent Nottingham Forest's 1-0 lead from carrying over, so Leicester City corrects matters by letting Nottingham Forest take the ball from the opening kickoff and score without opposition.
9. Cincinnati's Knothole Baseball bans parents from directing negative chatter at youth baseball players.
8. To raise funds for the family of cancer-stricken Minnesota state high school wrestling champion Torrey Line, MN/USA Wrestling coordinates sales of a limited edition Minnesota Storm Wrestling shirt, which depicts Torrey having his hand raised after his 2006 State Championship.
7. The Everett, WA Centennial Middle School seventh- and eighth-grade girls basketball team – during the fourth quarter of games – identify the opponent exhibiting the best sportsmanship and surprise her with a postgame medal presentation.
6. Houston Texans defensive back Jason Simmons "sells" jersey #30 to teammate Ahman Green for a down payment of \$25,000 (matched by owner Bob McNair) on a home for a single mother and her 7-year-old child with autism.
5. Bret Harte High School basketball player Hannon Smith prevails in getting the Calaveras (CA) County Board of Education to revise the policy that kept him from playing his senior year for refusing to cut his shoulder-length hair.
4. Utah Jazz guard Derek Fisher chances missing his playoff game to help his infant daughter through life-saving surgery in New York City, flies back to Utah in time to hit a key three-point shot to seal a Jazz win and in a postgame interview inspiringly explains his priorities.
3. An Ottawa area girls soccer team walks off the field in solidarity with their teammate when a referee bans 11-year-old Asmahan Mansour for refusing to remove her hijab, a ceremonial Muslim headscarf.
2. Former Dallas Cowboy Everson Walls donates a kidney to his former teammate, Ron Springs, who has since lapsed into a coma.
1. Release of the Mitchell Report on use of performance-enhancing drugs in Major League Baseball, providing a chance for parents and coaches to capitalize on teachable moments with youth athletes and steer them away from cheating and drug use.



The "Mitchell Report" on steroid use in baseball "tops" PCA's list of the "Bottom 10 Moments in Sports, 2007." PCA releases this list of the worst behavior in sports from pee-wees to the pros to stimulate discussion among parents, coaches, players and educators. We also list the "Top 10 Moments in Sports, 2007" and provide *Discussing Sports Incidents with Children*, to help youth and high school athletes process all the life lessons contained in the Bottom 10 and Top 10 Moments.

Bottom 10 Moments in Sports, 2007

10. Michael Vick, a marquee NFL star whose jersey is worn by thousands of children, pleads guilty to his role in a dogfighting operation that resulted in cruelty and death to many dogs.
9. Six hockey players and two coaches are suspended following a brawl between two teams of eight-year-olds in Guelph, Ont.
8. A Chicago-area man is caught on tape hurling his son's 11-year-old wrestling opponent off the mat.
7. An Allentown, PA-area middle school lacrosse coach is dismissed after pleading guilty to hitting a 13-year-old player in the face in the post-game handshake line.
6. NBA referee Tim Donaghy pleads guilty to felony gambling charges and admits he gambled on games in which he officiated.
5. Two Long Island brothers, apparently enraged over the benching of their son and nephew for cursing, receive a cell-phone call from the boy, arrive at his game and eventually are arrested for allegedly beating the team's coach in front of the coach's son and the other 11-year-olds on the team.
4. Lincoln, NE police issue a ticket to a woman for leaving her daughter alongside Interstate 80 because of her unsatisfactory performance in a soccer game.
3. Northern Colorado University punter Mitch Cozad is convicted of attempted murder for knifing the punter ahead of him on the depth chart in a bid for playing time.
2. An Orlando-area man pleads guilty to charges from 2004 that he supplied his then-14-year-old son with steroids and human growth hormones to improve his speedskating results.
1. Release of the Mitchell Report on use of performance-enhancing drugs in Major League Baseball, implicating such heroes of youth athletes as Roger Clemens, Miguel Tejada and Andy Pettitte.